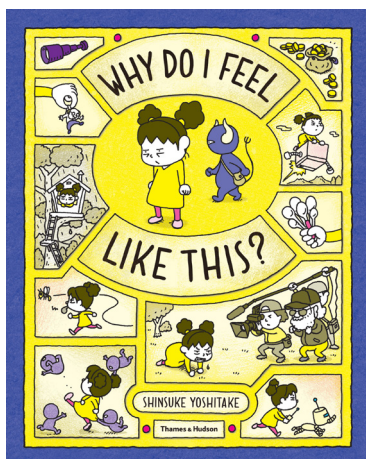


Books for discussing emotions with older children

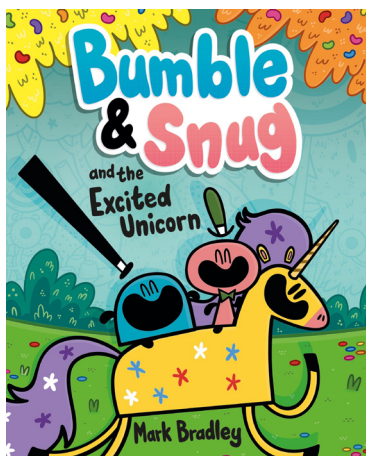


Why Do I Feel Like This?

by Shinsuke Yoshitake

A funny illustrated story about a girl working through her emotions.

How does the main character feel at the start of the book?

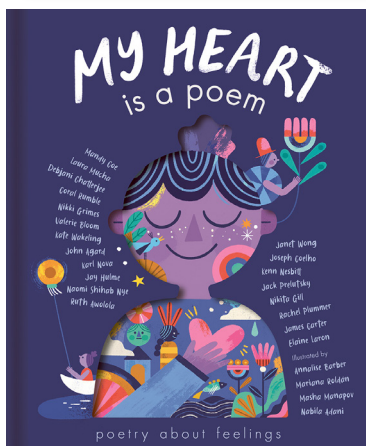


Bumble & Snug and the Excited Unicorn

by Mark Bradley

A funny graphic novel about feelings.

Who is your favourite character? Why?



My Heart is a Poem

by Various

A collection of illustrated poems about emotions.

Which poem do you like the most?

All books should be available from a public library or good bookshop. Visit booktrust.org.uk/kinship-care for more book recommendations.